

Food Order Form for Squash League Menu 2009-2010

Food quantity is good for 10 persons. All orders should reach the VRC office by Friday 4:00 pm

Fax : 604-873-2831 or e-mail : office@vrc.bc.ca

Captain's Name :

Phone # :

Food needed by:

6:30	7:30	8:00	8:30	9:00	9:30	10:00	10:30
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Date of the order:

Items	Description	No. of orders	Price
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Snacks & Salads

Fries	Platter of seasoned fries. Served with ranch dip/ketchup		\$15.00
Chicken Wings	Approx. 48 pieces. Choice of : plain, mild hot, medium hot, burning inferno hot, honey garlic, BBQ or teriyaki (please circle choice)		\$40.00
Ribs	Platter of 4 lbs of pork rib bites, bones in. Choice of : dry pepper and garlic, honey and garlic, BBQ or teriyaki (please circle choice)		\$40.00
Spring Rolls	Platters of 20 rolls filled with vegetable & meat. Served with plum sauce		\$30.00
Fruit Platter	Fresh sliced seasonal fruit.		\$35.00
Garden Salad	Large bowl of Iceberg lettuce, red cabbage, carrots, cucumber, tomato and bell peppers		\$25.00
Caesar Salad	Large bowl of romaine lettuce tossed with Caesar dressing, croutons & Parmesan cheese		\$25.00

Main Dishes

Basa Fillet	Fillet on rice served with vegetables		\$75.00
Butter Chicken	Chicken served with Basmati rice and bread		\$85.00
Chicken Quesadilla	Chicken Quesadilla served with guacamole & sour cream		\$65.00
Calamari	Calamari with Taziki & Greek salad		\$75.00
Sirloin Burger	Lean ground sirloin burgers w/ lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$65.00
Chicken Burger	Breaded chicken burgers with lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$65.00
Pad Thai	Thai noodles with chicken and vegetables		\$75.00
Curry Chicken	Boneless, skinless chicken with onion, red & green peppers in curry sauce. Served with rice		\$75.00
Chicken Chow Mein	Sliced chicken in fried noodle		\$75.00
Beef Rendang	Curry beef brisket with vegetables on rice		\$75.00
Chicken Satay Combo	Chicken satay & fried noodles, string bean & peanut sauce on rice		\$80.00
Lemon Grass Chicken	Lemon grass chicken on rice or fried rice		\$75.00

Vegetarian

Veggie Platter	Assorted vegetables served with ranch dip		\$30.00
Veggie Burger	Vegetable burgers with lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$55.00
Veggie Quesadilla	Vegetarian Quesadilla served with guacamole & sour cream		\$55.00
Mixed Vegetable & Rice	Assorted vegetable served with oyster sauce and rice.		\$50.00
Curry Mixed Vegetable & Rice	Vegetables in our special curry sauce served with rice on the side.		\$57.00
Spring Rolls	Platter of vegetarian spring rolls		\$27.00

Price includes GST

Updated on: 10/6/2009