

# Food Order Form for Squash League Menu 2012-2013

Food quantity is good for 10 persons. All orders should reach the VRC office by Friday 4:00 pm

Fax : 604-873-2831 or e-mail : office@vrc.bc.ca

Captain's Name :

Phone # :

Food needed by:

6:30	7:30	8:00	8:30	9:00	9:30	10:00	10:30
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Date of the order:

Items	Description	No. of orders	Price
<b>Snacks &amp; Salads</b>			
Fries	Platter of seasoned fries. Served with ranch dip/ketchup		\$25.00
Yam Fries	Platter of seasoned yam fries. Served with ranch dip/ketchup		\$30.00
Chicken Wings	Approx. 48 pieces. Choice of : plain, mild hot, medium hot, burning inferno hot, honey garlic, BBQ or teriyaki (please circle choice)		\$60.00
Ribs	Platter of 4 lbs of pork rib bites, bones in. Choice of: dry pepper and garlic, honey and garlic, BBQ or teriyaki (please circle choice)		\$60.00
Spring Rolls	Platters of 20 rolls filled with vegetable & meat. Served with plum sauce		\$30.00
Fruit Platter	Fresh sliced seasonal fruit		\$40.00
Garden Salad	Large bowl of Iceberg lettuce, red cabbage, carrots, cucumber, tomato and bell peppers		\$35.00
Caesar Salad	Large bowl of romaine lettuce tossed with Caesar dressing, croutons & Parmesan cheese		\$35.00

## Main Dishes

Basa Fillet	Fillet on rice served with vegetables		\$85.00
Chicken Quesadilla	Chicken Quesadilla served with guacamole & sour cream		\$75.00
Sirloin Burger	Lean ground sirloin burgers w/ lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$80.00
Chicken Burger	Breaded chicken burgers with lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$80.00
Beef Rendang	Curry beef brisket with vegetables on rice		\$85.00
Pad Thai	Thai noodles with chicken and vegetables		\$85.00
Curry Chicken	Boneless, skinless chicken with onion, red & green peppers in curry sauce. Served with rice		\$85.00
Chicken	Chicken served with rice cubes, eggs, vegetables in curry sauce (lon tong)		\$85.00
Butter Chicken	Chicken served with Basmati rice and bread		\$90.00
Chicken Tandori	Chicken served with Basmati rice, new potato, steam vegetables, and naan bread		\$95.00
Lemon Grass Chicken	Lemon grass chicken on rice or fried rice		\$85.00
Chicken Chow Mein	Sliced chicken in fried noodle		\$85.00
Chicken Satay Combo	Chicken satay & fried noodles, string bean & peanut sauce on rice		\$90.00
Sushi	Salmon Sushi or California		\$60.00
Vegetable Bento Sushi	Avocado, Carrot, cucumber, rice paper		\$55.00
Chicken	With turmeric, salad with peanut sauce, and yellow rice		\$55.00

## Vegetarian

Veggie Platter	Assorted vegetables served with ranch dip		\$40.00
Veggie Burger	Vegetable burgers with lettuce, tomato, onion, pickles, Mayo, ketchup & mustard		\$70.00
Veggie Quesadilla	Vegetarian Quesadilla served with guacamole & sour cream		\$65.00
Curry Mixed Vegetable & Rice	Vegetables in our special curry sauce served with rice on the side		\$65.00
Spring Rolls	Platter of vegetarian spring rolls		\$30.00

Price includes HST

Updated on: 10/01/12